

COURSE I

Introduction Course
Unit 2: Family



Co-funded by
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Course I – Unit 2: Family

The pre-course aims to prepare newly resettled immigrants and refugees with no or little education for the learning process of a new language. Getting a basic introduction of how to master life in a new country, allows the participants to have more focus on the process of learning.

UNIT 2: FAMILY

After finishing unit 2 of the Pre-Course, participants should have gained a basic and necessary knowledge of primary school, after-school programme and kindergarten. The participants should also have obtained a basic knowledge of expectations from external organisations.

Introduction

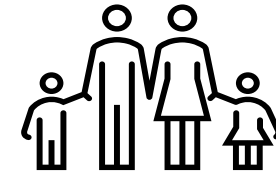
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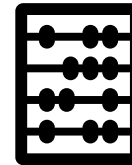
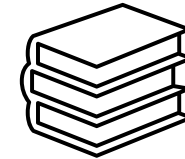
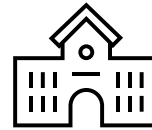
FAMILY

- School
- After-school programme
- Kindergarten
- Clothing and equipment for school and kindergarten
- Expectations (requirements) and cooperation with external organisations
- Extracurricular activities
- Raising children in a new country
- Family planning and contraception
- Different family types
- Governmental support for families



SCHOOL

- Information about the local school
- The school day
- Curriculum
- Subjects
- Breaks
- Meals
- Homework
- Annual cycle



After-school program

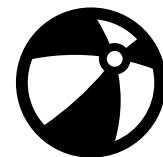
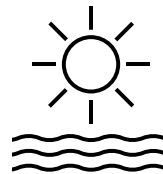
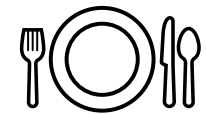
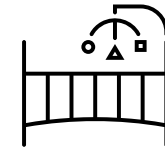
- Which age group can benefit from the after-school programme?
 - National framework for the after-school programme.
 - Costs
 - Opening hours and annual plan
- The after-school programme is something other than school and kindergarten, and is not a part of the school.
 - After-school care must facilitate play, cultural and leisure activities based on the child's age, functional level and interest, and provide care and supervision.

Kindergarten

- The kindergarten is an educational enterprise based on the Kindergarten act and the national framework plan for the kindergarten.
- The Kindergarten Act is a law that regulates kindergarten activities. The Act provides guidelines for day-to-day operations and for educational facilitation.
- The focus areas in the framework plan for kindergarten is:
Play, care, learning and formation
- The basis for all activities in the kindergarten is that the child must obtain a secure relationship with the adults who work there.

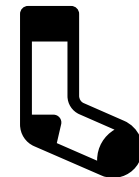
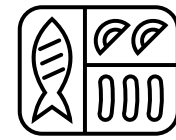
Kindergarten

- Information about the local kindergarten
- Daily routine in the kindergarten
- Delivery and pick-up of children
- Meals and packed lunches
- When should you keep your child home from the kindergarten due to illness?



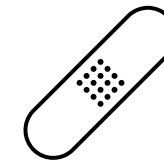
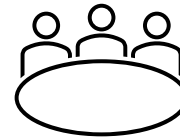
Clothing and equipment for school and kindergarten

- Backpack
- Pencil case (for school)
- Extra sets of clothes and and equipment required due to the season
- Drinking bottles and lunchboxes
- Food



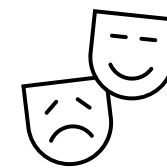
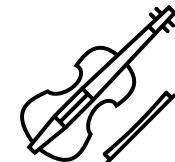
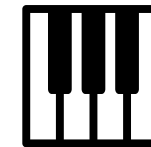
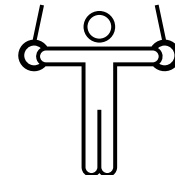
Expectations (requirement) and cooperation with external organisations

- To attend parent meetings
- To participate in voluntary work
- To share important information about the child and the home situation, having the child's best interest in mind.
- An expectation of cooperating around the child in the best interest of the child.
- Openness and dialogue around the child's development and well-being



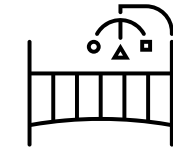
Extracurricular activities

- Extracurricular activities and integration
- Voluntary work expected from parents
- Transportation to activities



Raising children in a new country

- The parental role in a new country and being a confident adult in a new and uncertain situation for the children.
- Upbringing
- Boundary setting
- Cultural differences in child upbringing
- Cross pressure
- Limitations due to tradition or religion

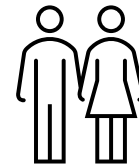
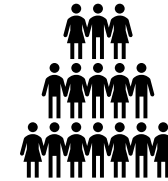
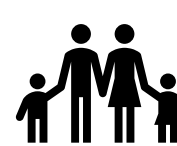


Family planning and contraception

- Contraception make the women able to plan pregnancies together with their partner to find the best time for a pregnancy and birth. Getting a new child will change the family life.
- There are several questions to be asked concerning when is the right time to have a new baby:
 - Are we ready to get a new baby now?
 - Is it the right time to get a new baby due to the family situation at the moment?
 - Are there any health risks for mother and baby due to short or long distance between the pregnancies?
 - Your financial situation and housing situation?
 - Education- and work situation?
 - Is the total family situation ready to give a new baby the best possible start in life?
- Most common types of contraception:
 - Condom
 - Birth control pills
 - IUD
 - Sterilisation

Different family types

- The extended family
- The nuclear family
- Single parent
- Same sex family
- Families without children



Governmental support for families

- Depending on the country you are living in, there are different types of governmental support for families with children.
- Child benefit
- Cash-for-care benefit
- Parental benefit
- Transitional benefit for single parents
- Child support