

COURSE I

Introduction Course
Unit 4: Basic Social and Cultural understanding



Co-funded by
the European Union



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Course I - Unit 4: Basic Social And Cultural Understanding

The pre-course aims to prepare newly resettled immigrants and refugees with no or little education for the learning process of a new language. Getting a basic introduction of how to master life in a new country, allows the participants to have more focus on the process of learning.

Unit 4: Basic Social And Cultural Understanding

After finishing unit 4 of the Pre-Course, participants should have gained a basic and necessary knowledge of social and cultural aspects of their new country, including geography, language and dialect, values and beliefs, rules and expectations, roles and relations and gender equality.

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Basic Sosial and Cultural understanding

- Basic Geography
- Language and dialect
- Values and beliefs
- Rules and expectations
- Gender equality
- Roles and relations

BASIC GEOGRAPHY

- World map
- Map of your new country
- Local map of your new home area and the surrounding area
- Places of interest in your new home area
- Public places in your new home area



LANGUAGE AND DIALECT

- Official language in your new country
- Other languages spoken in your new country
- Most common foreign languages taught in schools in your new country
- Dialect spoken in your new residing area



VALUES AND BELIEFS

Values:

- Democracy
- Gender Equality
- Welfare
- Nature and outdoor activities
- Trust
- The Jante Law
- Environmental awareness
- Fellowship

Beliefs:

Norway is a country with a diverse religious composition where Christianity still plays a central role, but where other faiths and worldviews are also present.

RULES AND EXPECTATIONS

- **Roles:**
 - A role is defined as the sum of the expectations placed on a person in a particular position or situation.
 - We have many roles over the course of a day, such as daughter, sister, student, friend, classmate and grandchild.
 - We often learn our roles indirectly through interaction with others and through expectations related to different situations.
 - **Social relations:**
 - Social relationships are about how we interact with other people.
 - Close relationships include family, friends, colleagues, and classmates.
 - Expectations and norms related to roles influence how we communicate and act in these relationships.
 - Social relationships are essential for our well-being and mental health
- **Gender roles:**
 - Learning gender roles in a society is part of socialization. It's important to understand the expectations associated with being a boy or girl. At the same time, you can choose how you want to be, regardless of society's expectations. In *Norway*, gender equality is a stated goal, and expectations of male and female roles change over time.

GENDER EQUALITY

- Gender equality means that all persons shall have equal rights and opportunities in society, regardless of gender, functional ability, sexual orientation, age, ethnicity and religion.
- Gender equality is regarded by the Norwegians (or other) authorities as a fundamental social value.

